

Bakers Hill Adult Riding Club

Gina Crawford - Pole Clinic 30th June 2019

Lesson level information – please use this information when selecting your preferred lesson level on the entry form below.

Novice

Simple pole work exercises for the beginner or nervous rider to start muscle development in the young horse, green horse or horse returning to work.

This is a walk and trot based session.

Intermediate

A trot based session with a variety of pole exercises designed to specifically work on muscle development and softness. Includes pole patterns that concentrates on engaging the hind quarters and developing power.

This is a trot based session and requires a competent level of riding ability.

Advanced

A session designed to give a better understanding of equine movement and provide tools for riders to assist in targeted muscle development. These grids are designed to push you and you horse to work harder and smarter focusing on extension, power and topline development.

Riders must be confident at trot and canter.

Day Structure

9:00am

3 x 1 hour morning lessons

12:30pm

3 x 1 hour afternoon lessons (if numbers permit)

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(One entry form per horse/rider combination)

Rider Name	Horse Name
Contact Number	Email
Bakers Hill Adult Riding Club Member? <input type="checkbox"/> yes <input type="checkbox"/> no	

All riders (excluding BHARC members) must attach a signed waiver with their entry

Yards are available for use on a first in first served basis. Please ensure if you use a yard you leave it clean, otherwise yards will not be available for free in the future. Please clean up your horse's hay and manure from the yards and carpark, and place on our manure pile.

Cancellation policy: If entry is withdrawn prior to closing date entry fees will be refunded less 10% administration fee. After the closing date entry fees will only be refunded (less 10%) if a vet/doctors certificate is provided

*Structure of the day will be 3 morning lesson followed by 3 afternoon lessons. **First group will start at 9am and lessons are each an hour long with a maximum of 5 riders.** Entries close Tuesday 25th June, Lesson times will be available by Wednesday 26th June 2019.*

Note: There will be no canteen available on the day. Tea, coffee and milo will be available for a gold coin donation.

Please indicate lesson level below – note places are limited;

Novice/Beginner	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>
Advanced	<input type="checkbox"/>

Payment;

BHARC Member	\$45.00	<input type="checkbox"/>
Non-BHARC Member	\$55.00	<input type="checkbox"/>
Compulsory Ground Fee (for non- BHARC members only)	\$5.00	<input type="checkbox"/>
Total		
Paid via; <input type="checkbox"/> EFT Payment (preferred) Reference GC Pole & riders first initial & surname _____ <input type="checkbox"/> Cash <input type="checkbox"/> Cheque		
Entry via <input type="checkbox"/> Email (preferred) <input type="checkbox"/> Post		

Email entries to: bakershillarc@hotmail.com	EFT payments: Account Name: Bakers Hill Adult Riding Club BSB: 06 6524 Account No.: 1009 2618	Post entries to: PO Box 745 Northam WA 6401
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Enquiries: email - bakershillarc@hotmail.com, Shelley 0400 610 244 or Georgia 0439 093 166

Bakers Hill Adult Riding Club Inc

Competition/Rally Day membership enrolment form 2019

NAME :

ADDRESS:

DATE OF BIRTH: CONTACT No.:

EMAIL:

Please write one character per box (including fullstops) very clearly so we get your correct address.

Day membership fee

Direct Debit: Commonwealth Bank **BSB:** 066 524 **Account No:** 1009 2618
Post to Bakers Hill ARC PO Box 745 Northam WA 6401

EFT receipt number and date of transfer (if applicable):

SIGNATURE OF MEMBER: **DATE:**

EMERGENCY CONTACT AND MEDICAL INFORMATION

Emergency Contact Name: **Contact No.:**

Doctor's Name: **Contact No.:**

Medical Conditions / Allergies etc.,

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Private Health Insurance Company & Number

Ambulance Subscription Number

*It is compulsory to wear a safety standard approved * riding helmet when mounted on a horse at all adult riding rallies and club events.**

MEMBERSHIP FEES ARE NON REFUNDABLE

Horse sports are a dangerous recreational activity and horses can act in a sudden and unpredictable (changeable) way, especially if frightened or hurt. There is a significant risk that serious INJURY or DEATH may result from horse sport activities and in particular this event.

I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of The Equestrian Federation of Australia and/or the event organiser (hereafter referred to as the "Releasee") or others and I voluntarily PARTICIPATE at my OWN RISK and assume sole responsibility for any injury, death or property damage I may suffer that arises from my participation in horse sport activities.

I understand and acknowledge the dangers associated with the consumption of alcohol or any mind altering drugs before and during the activity and I take full responsibility for any injury, loss or damage associated with their consumption. I agree not to drink alcohol or take drugs prohibited by law before or during this event.

I agree to follow the directions of any event organiser or official and that any misconduct or refusal by me to follow any direction of any organiser or official can result in the CANCELLATION of my participation in the event and my immediate removal from my horse NO MATTER where that may occur. I understand that any such non-compliance may result in injury, death and/or permanent disability and I agree to indemnify the Releasees against all claims made by any person as a result of my failure to comply.

I agree to wear a helmet at all times whilst participating in the sport where this is required under the relevant EA and FEI rules and regulations and agree that I am solely responsible for ensuring that whilst participating I wear a suitable helmet at all times where required under the relevant EA and FEI rules and regulations and take sole responsibility for my actions.

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless and agree not to sue The Equestrian Federation of Australia and/or the event organiser, their officers, officials, volunteers, coaches, agents and/or employees, other participants, sponsoring agencies, sponsors, state bodies, affiliated clubs and if applicable, owners and lessors of premises used to conduct the activities (all of whom are referred to as "Releasees") with respect to any and all injury, disability, death, or loss or damage to person or property, whether caused by the negligence of the releasees or otherwise

Effect of this Document

I have had sufficient opportunity to read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without inducement of any kind. I understand that my signature to this document constitutes a complete and unconditional release of all liability of the Releasees, to the greatest extent allowed by law in the event of me and/or the children under my care, suffering injury or death.

Dated: ___/___/___ Signature of Rider:

This is to certify that I, as a parent/guardian with legal responsibility for this participant, acknowledge, understand and accept all of the above and consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities arising from my minor child's involvement or participation in horse sport activities and in particular, this event, even if arising from the negligence of the Releasees

.Dated: ___/___/___ Signature of Parent/Guardian: